



Mt. Sanbe Mountain Climbing Map



Main climbing courses

- 1 Himenogaikae course** ⌚ Time required: approx. 80 to 120 minutes
 The shortest course from near the "Sahimel" Sanbe Nature Museum to the summit of Osanbe peak
- 2 Myogo course** ⌚ Time required: approx. 90 to 130 minutes
 A course that goes through the Mt. Sanbe natural forest, a Nationally Designated Natural Monument, to the summit of Osanbe peak
- 3 Nishinohara course** ⌚ Time required: approx. 100 to 140 minutes
 A course with a great view which goes from the Nishinohara meadow to the summit of Osanbe peak
- 4 Higashinohara course** ⌚ Time required: approx. 60 to 70 minutes
 A course which goes from the Higashinohara parking lot along the direction of the sightseeing lift towards the summit of Mesanbe peak
 *The Sanbe Sightseeing Chairlift is in operation from April to November
- 5 Meotomatsu course** ⌚ Time required: approx. 60 to 80 minutes
 A course from near the Sanbe Onsen to the summit of Magosanbe peak
- 6 The traverse course** ⌚ Time required: approx. 4 to 6 hours per lap
 A course that goes around the Osanbe, Mesanbe, Taiheizan, Magosanbe, and Kosanbe peaks



Trail cross sections

