



Tour overview:

Enjoy a great outdoor adventure on Mt Sanbe. With a guide, you can experience the great nature of the national park through various seasonal activities such as cycling, walking, trekking, snowshoeing, etc. You can also visit the Sanbe Azukihara Buried Forest Museum to experience the ancient forest of the Jomon period and learn about the history of the active volcano, which is also a Japanese heritage site. You can also enjoy the blessings of an active volcano, such as hot springs and food nurtured by the volcanic soil. We can offer courses that fully stimulate the five senses and can be customized to match your needs.

Precautions against the spread of Covid19 infection:

Masks worn during tour, hand sanitizer provided at the beginning. Guides wear a face shield.

Contact information:

- Experience provider : Shimane Oda Health Center
- Business Hours : 9:00 - 18:00
- Website : <http://www.shimane-ok.jp/>
- Phone number : 0854-88-3250
- Email : ohdamade@shimane-ok.jp

Precautions against Covid19:

- Venues and staff involved in the experience:
 - Temperature check
 - Wearing masks
 - Hand sanitizer
 - Cashless payment
 - Room ventilation
- Requests to travellers:
 - Temperature check
 - Wearing masks
 - Hand sanitizer
 - Providing contact info

Ideal for:	Individual travelers and small groups
Target market:	Couples, Groups, People in their 30s to 60s with a good fitness level
Experience price (incl. tax)	Half-day experience (5 to 6 hours) 7,800JPY
The above price includes:	Activity (including guide) , Lunch, Entrance fee at the Sanbe Azukihara Bureid Forest Museum
Meeting point:	Mt Sanbe Kitanohara Parking Space (depending on activity course a different meeting point may be advised)
Access:	30 mins by car from central Oda city
Reservations accepted from:	All year round
Available dates:	All year round (Jan and Feb only snowshoeing available)
Duration and starting time:	9:30 to 15:30 (6 hours)
Min/max guest number:	2-15
Shared/private:	Shared and Private
Available languages:	※Limited to accompanying guide